

# Tips for Pre & Post Bikini Wax Care

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## BEFORE

- Ensure your hair is about ¼ inch long at your appointment
- If you have been previously shaving, please wait 3 weeks to avoid 2nd growth
- For best results moisturize daily and exfoliate once or twice per week

## AFTER

- Refrain from physical activity 24 to 48 hours
- Use Finipil Cream, which kills 99.999% of germs, reduces redness and prevents infection of the empty hair follicle
- Exfoliate your skin 3 days after your waxing procedure preferably with sea salt scrubs or gentle exfoliants every other day
- Moisturize to help keep your skin hydrated
- Maintain a regular waxing cycle returning every 4 weeks

## WHAT IS SECOND HAIR GROWTH?

If you are new to waxing, you may have some hairs that are too short to be waxed creating a second hair growth that will be out of sync with your waxing cycle. You need to wait for the hairs to all be long enough for best results from waxing and continue to maintain a regular 4 week waxing cycle to avoid 2nd hair growth.

## WHAT IS FOLLICULITIS?

Folliculitis is the name given to a group of skin conditions in which there are inflamed hair follicles. The result is a tender red spot, often with a surface pustule. To prevent folliculitis, use a ph balanced body wash and always thoroughly wash after waxing.

If you are suffering from folliculitis, we recommend you visit your health care professional for advice.

\*Please note if you are concerned ensure you ask if specific aftercare is required for your skin.

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Let your esthetician know about any allergies or medical conditions you have. Waxing is not suitable if you have been using Retin A or Accutane within the last six months. Hormonal changes, medication including antibiotics, the pill, stress and illness can affect your skin sensitivity. Sunburned skin cannot be waxed.

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