



You get out what you put in.  
Woodside Kitchen recipes  
adhere to our 6 Standards of  
Quality because we care about  
providing the best, purest  
ingredients possible for your  
body and mind.

## BREAKFAST

Available all day

<b>PEANUT BUTTER TOAST</b> <b>V</b> Grains Galore toast, peanut butter, sliced banana, crushed peanuts, chia seeds, honey drizzle .....	5
<b>CHIA PUDDING</b> <b>GF</b> <b>V</b> coconut yogurt, chia seeds, fresh berries, banana, almond crunch, agave drizzle, mint .....	9
<b>WOODSIDE BREAKFAST*</b> two eggs cooked to order, bacon, Grains Galore toast, avocado, seasonal fruit .....	9
<b>BRUNCH WRAP*</b> two scrambled eggs, bacon, roasted red pepper, caramelized onion, cheddar cheese, served with seasonal fruit .....	11

## SHAREABLES

<b>POOLSIDE GUACAMOLE</b> <b>GF</b> <b>V</b> avocado, pineapple salsa, served with seasoned tortilla chips .....	9
<b>HUMMUS</b> <b>V</b> grilled pita, fresh veggies, cucumber tomato salad, feta .....	9
<b>CRAB + AVOCADO TOAST*</b> blue crab, radish, lemon oil, fried capers .....	9
<b>CHICKEN SATAY SKEWERS</b> grilled chicken thighs, peanut sauce, scallions, fresh slaw, crushed peanuts .....	9
<b>CALABRIAN FLATBREAD</b> pepperoni, roasted tomato, smoked mozzarella, Calabrian chiles, parmesan, honey drizzle .....	9

## SALADS

<b>GARDEN</b> <b>GF</b> <b>V</b> kale, spinach, cabbage, spiced almonds, dates, chia seeds, tomato, granny smith apple, carrot, fresh herbs, apple cider vinaigrette .....	10
add salmon or shrimp +5, chicken +4	
<b>KALE CHICKEN CAESAR*</b> grilled chicken breast, kale, romaine, sourdough croutons, parmesan .....	10
<b>KOREAN CHICKEN*</b> <b>GF</b> crispy chicken, cabbage, cilantro, tomatoes, cucumber, carrot, chili sauce, ginger-sesame vinaigrette .....	11
<b>GRILLED SUMMER VEGETABLE</b> <b>GF</b> <b>V</b> romaine, zucchini, corn, red onions, tomato, red pepper, harissa vinaigrette, pepitas, feta .....	11

## SIDES

<b>HOUSE-MADE POTATO CHIPS</b> <b>GF</b> <b>V</b> .....	2
<b>TWICE-COOKED FRIES + KETCHUP</b> <b>GF</b> <b>V</b> .....	3
<b>GRILLED SUMMER VEGETABLES</b> <b>GF</b> <b>V</b> .....	4
<b>SEASONAL FRUIT</b> <b>GF</b> <b>V</b> .....	4

## HANDHELDS

Served with a choice of fries, house-made potato chips,  
mini Woodside Green or Kale Caesar salad  
Gluten-free bread available for select menu items +1

<b>WOODSIDE BURGER*</b> grass-fed beef, cheddar, lettuce, tomato, pickles, ketchup, toasted Farm to Market bun .....	12
<b>TURKEY CLUB WRAP</b> roast turkey, avocado, bacon, micro greens, cheddar, garlic aioli, tomato, whole wheat wrap .....	11
<b>CHICKEN SALAD</b> chicken breast, cashews, grapes, celery, red onion, on lettuce cups, toasted Grains Galore or whole-wheat wrap .....	10
<b>FISH TACOS*</b> (2) crisp white fish, cabbage slaw, crema, pickled onion, salsa verde and chips .....	11
<b>CHICKEN TENDERS</b> <b>GF</b> hand-breaded in rice flour, served with house-made honey mustard .....	10
<b>VEGGIE BURGER*</b> <b>V</b> brown rice and black bean patty, sweet and smoky glaze, lettuce, tomato, pickle .....	12
<b>SHRIMP ROLL*</b> poached shrimp, tomatoes, tarragon aioli, toasted bun, 'new bay' seasoning .....	12

## BOWLS

<b>CURRY</b> <b>GF</b> <b>V</b> tofu, green curry, coconut milk, zucchini, thai basil, red pepper, edamame, crispy shallot, steamed rice .....	10
add chicken +4	
<b>SALMON*</b> <b>GF</b> flaked salmon, quinoa, bacon, cauliflower, pickled raisins, almonds, sunny egg .....	14
<b>POKÉ</b> seared rare tuna, steamed rice, carrot, edamame, seaweed salad, pickled ginger, bonito crunch .....	13
<b>SPICED CHICKEN</b> <b>GF</b> grilled chicken, quinoa, black beans, charred peppers, corn relish, pico de gallo .....	11
<b>MEDITERRANEAN</b> seared chicken, chickpeas, cauliflower, cucumber, tomato, onion, tzatziki .....	12

Most items can be made gluten-free, vegetarian, or vegan. Just ask!

**GF** Gluten-Free **V** Vegetarian