CLUB ETIQUETTE

FITNESS FACILITIES
- Wipe down equipment after use.
- Dress appropriately and limit use of fragrance sprays.
- Work-in other members who may be waiting for the same piece of weight equipment, especially during peak hours.
- Be courteous of others; do not engage in loud conversations, grunt or yell while lifting, or make other distracting noises.
- Return all weights, props, benches, and other equipment to their proper storage areas when finished.
- Place used towels in proper bins.
- No talking on cellphones or taking pictures in the fitness areas.
- Do not bring personal items with you into the fitness areas. Complimentary lockers are available for daily use.
- Do not drop weights.

GROUP FITNESS
- Always follow the instructor. Do not attempt your own routine.
- Do not set up equipment until the previous class is finished.
- Be considerate of the adjacent members' space.
- Return all equipment to the proper storage area when class is complete.
- Limit personal belongings in a studio, use the coat rack or locker rooms for storage.
- Do not block the entrance to a studio while waiting for a class to finish.

YOGA
- Remove shoes prior to entering Yoga studio.
- Arrive early to set up your mat and gather any props you may need.
- Do not enter the studio after class has started. If you must leave early, do so quietly.
- Make room for others, you only need as much space as your mat takes up.

TENNIS
- Pick up your trash and towels before leaving the court.
- Clear the court of used balls after play.

SPA
- Gratuities are welcome at your discretion.
- Quietness is appreciated surrounding The Spa areas and indoor pool area.

LOUNGE
- Dress in dining area is casual, although wet swimsuits or soiled workout clothing are discouraged.

LOCKER ROOMS
- Do not leave personal items out. Please store them in a locker.
- Place used towels in designated bin.

PARKING LOTS
- Be aware of foot traffic and one-way entrances and exits.