

Relax. The Spa at Woodside offers a wide variety of services to help you indulge, rejuvenate and feel your best.

THIS MONTH'S SPA SPECIALS

LUCK OF THE IRISH MASSAGE | \$100

This customized therapeutic massage incorporates a foot cleansing ritual and essential oil calming ritual to promote deep relaxation.

Choose from these three options:

- Arnica Pain Relief
- Valerian & Hops Sleep Therapy
- Sinus & Allergy Relief

COMPLIMENTARY SKIN CARE ANALYSIS | SAT, MAR 5

Schedule a complimentary 15 minute skin care consultation from an esthetician at The Spa at Woodside and learn how to treat YOUR unique and complex skin to ensure that you are always putting your best face forward. Call 913.831.0043 or stop by The Spa to schedule your analysis in advance.

Complimentary Consultations: Sat, Mar 5, 12:00pm - 2:00pm

COMPLIMENTARY MASQUE TRIAL | WITH 1-HR FACIAL

Receive a SkinCeuticals Biocellulose Masque trial with purchase of a 1-hour facial treatment this month.

20% OFF SKINCEUTICALS BIOCELLULOSE RESTORATIVE MASQUE

Optimal for sensitive or stressed skin, this highly efficient, supple, sterilized masque creates a protective barrier that helps alleviate discomfort.

The unique fibers distribute heat-reducing water to the skin barrier to provide immediate relief. Clinically tested on compromised skin after laser procedures and chemical peels, this masque can also be used as a bi-weekly replenishing treatment.

Package includes 6 one-time use masques. A \$120 value.

ABOUT THE SPA AT WOODSIDE

MASSAGE THERAPY Revitalize your body and spirit with a professional massage from The Spa at Woodside. Caring, professional therapists customize your massage experience based on your needs. Leave with a re-energized body and refreshed spirit.

BODY TREATMENTS Our body treatments offer more than just a relaxing experience – they help bring your body back into balance with a variety of therapies, from exfoliation and polishing to detoxification and energizing. Experience rejuvenation inside and out.

ESTHETIC SERVICES include facials, waxing, chemical peels, eyelash extensions and brow shaping. Allow our dedicated staff to treat your face and skin to corrective, rejuvenating, and reconditioning services.

BOUTIQUE Our boutique offers the highest quality skin and body care products, including a full line of SkinCeuticals products, Kneipp body oils, Jack Black men's line, and jade masks.

OPEN TO THE PUBLIC

The Spa at Woodside is available to Woodside members and the public. We are located on the lower level of Woodside Health & Tennis Club. Like us on Facebook at www.facebook.com/SpaAtWoodside for the latest news, specials and information. Visit our website at www.clubwoodside.com/spa/ for more information about our services. **Call The Spa today for more information or to book an appointment 913.831.0043.**