

# P A R E N T I N V O L V E M E N T

## WELCOME TO JUNIOR DEVELOPMENT TENNIS

Even if you aren't a tennis player you can still help your child develop their skills. Parental involvement is one of the keys elements in a successful junior tennis program. Check out the list below and help your child get on the right path.

- Provide the push to play but not pressure
- Emphasize fun
- Stress good on-court conduct
- Instill hard work
- Tossing and catching a ball (with or without a racquet) - say 'bounce' and 'catch' to help child with timing
- Bounce ball to the side of child to develop movement. - say 'step' and 'catch'
- Run relay races while balancing a ball
- Push ball on the ground with racquet
- Roll and trap the ball on ground with racquet
- Bounce ball down. Bounce ball up.
- No net hitting partners (driveway tennis)

Woodside offers children's QuickStart tennis clinics throughout the year.

To see the current list of clinics visit [www.clubwoodside.com](http://www.clubwoodside.com).

Here are important things for parents to remember at the beginning of each tennis clinic session:

- Does my child have the right size racquet?
- Are they dressed in the appropriate clothes and shoes?
- Have I paid for the session?

All payments need to be made the first class of the session. To make a payment, please go to the tennis desk in the Main Clubhouse. Please make checks payable to Woodside. If you wish to have your membership account charged, please let Junior Development Coordinator, Mary Pankiewicz know at your child's first class.

